

# From our Family to Yours

## Recipe of the Week Maple Glazed Ham

EASY MEAL IDEAS AT FAMILYFOODS.CA/RECIPES



**Sensations  
Spiral Ham**  
Butt and Shank Portion.

**3<sup>98</sup>lb**  
8.77/kg



fresh produce

**2<sup>48</sup>lb**  
5.47/kg

**Asparagus**  
Product of Mexico. #1 Grade.

### Kraft Cheese

Selected Varieties. Block 450 g.  
Philadelphia Cream Cheese 450 g.  
Shredded Cheese 320 g.



**5<sup>48</sup>**

### Kraft Salad Dressing

Assorted Varieties. 475 mL.



**2/\$5**

### Folgers Coffee

Assorted Varieties. 642 - 975 g.



**8<sup>98</sup>**



### Bakery Counter Pie

Apple, Raisin or Pumpkin. 600 - 620 g. Apple Crumble 620 g.

**2/\$7**



### Nestle Ice Cream Or Novelties

Select Varieties. Frozen. Ice Cream 1.5 Litre.  
Novelties 292 - 650 mL.

**5<sup>48</sup>**

### Sale Prices In Effect April 2017

mon	tue	wed	thu	fri	sat
10	11	12	13	14	15

Open Sundays in select locations only.  
[www.familyfoods.ca](http://www.familyfoods.ca)  
We reserve the right to limit quantities.

Some items may not be available at all stores. All advertised items are on sale while stock lasts. Actual items may vary slightly from illustrations. Some illustrations are serving suggestions only. Advertised prices do not include GST/HST. All items are per household, per visit. Although we strive for complete accuracy in our advertising, errors sometimes can occur. When an error is discovered, a correction notice will be posted in stores to bring the error to your attention. Sale prices in effect on the dates on front page.

grocery

**Kool-Aid Jammers**  
Assorted Varieties.  
10 x 180 mL.

4/\$9



**Dream Beverages**  
Assorted Varieties. 946 mL.

2/\$5



**Uncle Ben's Rice**  
White or Brown Converted 600 - 900 g.  
Long Grain 700 g.

3<sup>98</sup>



**Campbell's Ready to Serve or Habitant Soup**  
Assorted Varieties. Ready to Serve 540 mL.  
Habitant 796 mL.

2/\$5



**General Mills Cereal**  
Cheerios 260 - 500 g. Oatmeal Crisp 425 - 505 g. Nesquik 340 g.  
Lucky Charms 330 - 340 g. Fibre 1 425 - 450 g. Chex 345 - 395 g. Nature Valley 310 g.  
Edge 465 g. Cinnamon Toast Crunch 360 g. Reese Peanut Butter Puffs 365 g.  
Golden Grahams 340 g. Minions 350 g. Star Wars 295 g. Movie Edition 300 g.

2/\$8



**Lay's Potato Chips**  
Assorted Varieties. 180 g.

2/\$5

pets



**Purina Dog or Puppy Chow**  
Assorted Varieties. 7.2 - 8 kg.

18<sup>98</sup>



**Whiskas Cat Food**  
Assorted Varieties. 1.4 - 2 kg.

8<sup>98</sup>



**Christie Cookies**  
Assorted Varieties. 198 - 300 g.

2/\$7



**Hunt's Puddings**  
Or Snack Packs or Juicy Gels. Assorted Varieties.  
4 x 99 g.

2/\$4



**Classico Pasta Sauce**  
Assorted Varieties. Bruschetta 380 mL.  
Pasta Sauces 410 - 650 mL. Pesto 218 mL.

2/\$7



**Aylmer Tomatoes**  
Assorted Varieties. 796 mL.

1<sup>98</sup>



**Hunt's Thick & Rich Pasta Sauce**  
Assorted Varieties. 680 mL.

1<sup>88</sup>

chilled

**Minute Maid Orange Juice**  
Assorted Varieties. 1.75 Litre.

3<sup>48</sup>



**Danone Activia Yogourt**  
Assorted Varieties. 650 g. Yo Crunch 286 g.

3<sup>28</sup>



**Yoplait Yogourt**  
Assorted Varieties. Source Greek 8 x 100 g.  
Source or Creamy 16 x 100 g. Yoptimal 12 x 100 g.  
Source with Stevia 16 x 90 g. Liberte Greek 750 g.

6<sup>48</sup>



**Philadelphia Dips**  
Assorted Varieties. 227 g.

2/\$5



**Kool-Aid or Tang Drink Crystals**  
Kool Aid, Crystal Light or Mio Liquid 48 mL. Tang Drink Crystals 613 g. Assorted Varieties.  
Kool Aid or Country Time Lemonade 517 - 580 g. Country Time Singles 190 g.  
Kool-Aid Singles 132 g. Crystal Light 23 - 56.6 g.

2/\$7



**Gold Seal Sockeye Salmon**  
3 x 213 g.

11<sup>98</sup>



**Cadbury Chocolate Bars**  
Assorted Varieties. 33 - 60 g.

5/\$5



**Pringles Potato Crisps**  
Assorted Varieties. 139 - 156 g. Stix 121 g.  
Tortillas 182 g.

3/\$6

frozen



**Bassili's Best Entrees**  
Lasagna, Shepherds Pie or Chicken Fettuccine.  
Frozen. 907 g.

5<sup>98</sup>



**Swanson Hungry-Man Dinners**  
Assorted Varieties. Frozen. 360 - 455 g.

2/\$8



**Minute Maid Juice Boxes**  
Or Five Alive and Nestle.  
Assorted Varieties. 10 x 200 mL.

2/\$7



**Jell-O Instant Pudding Mix**  
Assorted Varieties. Lemon Pie Filling 128 g.  
Pudding Mix 30 - 113 g

4/\$5



**Rogers Sugar**  
Fine Granulated. 4 kg.

5<sup>98</sup>



**Gatorade**  
Assorted Varieties. 6 x 591 mL.

5<sup>98</sup>



**Cheemo Perogies**  
Assorted Varieties. Frozen. 815 - 907 g.

2/\$5



**Pillsbury Pizza Pops**  
Or Crispy Crust Pizza 278 - 309 g.  
Assorted Varieties. Frozen. Pizza Pops 400 g.  
Toaster Strudels 326 g.

2/\$6

household



**Glad Zipper Freezer or Storage Bags**  
Assorted Varieties. 30's - 50's.  
Cling Wrap 90 Meters.

4<sup>48</sup>



**Gain Laundry Detergent**  
Or Ivory Snow 1.18 Litre or 1.5 kg. Assorted Varieties. Gain Liquid 2.95 Litre.

11<sup>98</sup>



**SpongeTowels or Scotties Facial Tissue**  
Spongetowels Ultra Choose a Size 88's. Ultra Full Sheet 40's. Twin Ultra Strong, Minis or Big Roll 6 Roll. Scotties Bundle Pack 6 x 126's. Supreme 6 x 88's. Lotion Multipack 6 x 70's. Envirocare 6 x 140's

6<sup>48</sup>



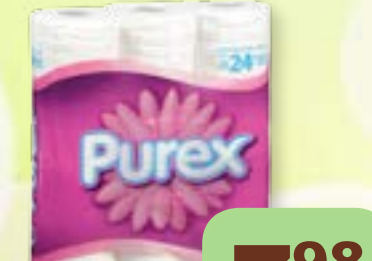
**Bounce Fabric Softener Sheets**  
Assorted Varieties. 80's.

5<sup>48</sup>



**Sunlight Dishwashing Liquid**  
Assorted Varieties. 400 - 950 mL.

2<sup>78</sup>



**Purex Bathroom Tissue**  
Double Roll, Ultra Care, Cashmere or Envirocare 12 Roll.

7<sup>98</sup>



**Kellogg's Family Size Cereal**  
Rice Krispies 640 g. Mini Wheats 700 g. Frosted Flakes 650 g. Froot Loops 580 g.  
Corn Pops 515 g. Special K 620 - 658 g. Krave 564 g. Raisin Bran 755 g.  
Bran Buds 500 g. All Bran 980 g.

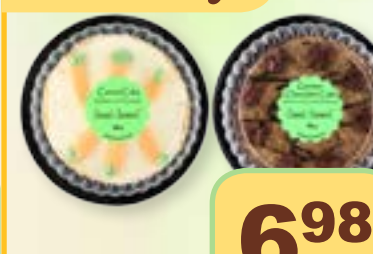
2/\$11



**Pepsi 2 Litre Soft Drinks**  
Assorted Varieties.

3/\$5

bakery



**Sweet Summit 6" Cakes**  
Assorted Varieties. 650 - 700 g.

6<sup>98</sup>



**Compliments Cupcakes**  
Assorted Varieties. Chocolate or Vanilla. 300 g.

2/\$7



**Minute Maid Orange Juice**  
Or Grapefruit Juice. Assorted Varieties. Frozen.  
295 mL. Banana Smoothie 250 mL.

1<sup>78</sup>



**Delissio Pizza**  
Or Stouffer's Sauté Sensations 640 g.  
Assorted Varieties. Frozen. Pizzeria 519 - 604 g.  
Rising Crust 782 - 888 g.

2/\$10<sup>98</sup>



**Dove Body Wash or Shampoo**  
Or Antiperspirant or Deodorant 76 - 85 g.  
Assorted Varieties. Body Wash 354 - 400 mL.  
Shampoo or Conditioner 355 - 710 mL.

5<sup>28</sup>



**Kotex or U By Kotex Feminine Products**  
Assorted Varieties. 14 - 64's.

4<sup>98</sup>



**Pampers Diapers**  
Assorted Varieties. Baby Dry 21's - 44's.  
Cruisers 16's - 28's. Swaddlers 17's - 35's.

14<sup>98</sup>

personal care

## fresh produce



**3<sup>98</sup>**  
Each

**Gold Pineapple**  
Product of Costa Rica. #1 Grade.



**1<sup>68</sup>lb**  
3.70/kg

**Broccoli Crowns or Brussels Sprouts**  
Product of U.S.A. #1 Grade.



**1<sup>28</sup>**

**Compliments Coleslaw Salad**  
Product of U.S.A. 454 g.



**2/\$3**

**Celery or Carrots**  
Product of U.S.A. #1 Grade. Carrots 454 g. Celery Each.



**7<sup>98</sup>**

**Bell Peppers**  
Green, Red, Yellow and Orange. Product of Mexico/Canada. #1 Grade. 907 g.



**1<sup>28</sup>**  
Each

**Long English Cucumbers**  
Product of Canada. #1 Grade.



**1<sup>98</sup>lb**  
4.37/kg

**Hot House Beefsteak Tomatoes**  
Product of U.S.A. #1 Grade.



**3<sup>98</sup>**

**Fresh Strawberries**  
Product of U.S.A. #1 Grade. 454 g.

## fresh meat



**2<sup>48</sup>lb**  
5.47/kg

**Compliments Ham**  
Hickory Smoked. Butt and Shank Portions.



**10<sup>98</sup>**

**Mitchell's Toupie Ham**  
Random Weight.



**3<sup>98</sup>lb**  
8.77/kg

**Fresh Lean Ground Beef**  
Less than 17% Fat Content.  
Store may restrict to Family Pack.



**9<sup>98</sup>lb**  
22.00/kg

**Beef Standing Rib Oven Roast**  
Bone In. Cut From Canada AA or Higher.

## frozen meat



**3<sup>98</sup>**

**Johnsonville Sausages**  
Or Breakfast Rounds 250 g. Sausages 375 g. Assorted Varieties.



**4<sup>48</sup>**

**Butterball Homestyle Stuffing**  
900 g.



**4<sup>48</sup>**

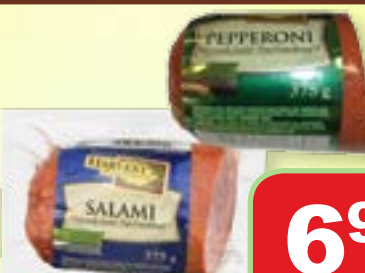
**Lilydale Daystarter Sausages**  
Assorted Varieties. 375 g.



**7<sup>98</sup>**

**Compliments Balance Wild Haddock Fillets**  
400 g. Frozen

## packaged meats



**6<sup>98</sup>**

**Harvest Sausage Chubs**  
Assorted Varieties. 375 g.



**2/\$10**

**Reser's Main Street Side Dishes**  
Assorted Varieties. 567 g.



**13<sup>98</sup>**

**Mitchell's Ham**  
Or Thick Sliced Heritage Bacon 1 kg.  
Smoked or Black Forest Whole Ham. 1 kg.

## deli



**1<sup>68</sup>**  
100 g

**Compliments Roast Turkey Breast**  
Sliced or Shaved.



# Celebrate Easter

Sale Prices In Effect April 7-16, 2017

## Club House Gravy Mixes

Assorted Varieties. 21 - 45 g.



98¢

## Stove Top Stuffing

Assorted Varieties. 120 g.



3/\$5

## Cracker Barrel Shredded Cheese

Assorted Varieties.  
Shredded 250 - 320 g.  
Velveeta 450 g.



5<sup>98</sup>

## Imperial Margarine

907 g.



3<sup>98</sup>

## Christie Crackers

Assorted Varieties.  
110 - 454 g.



3/\$8

## Mott's Clamato Juice

Or Garden Vegetable Cocktail or Welch's Grape Juice.  
Assorted Varieties. 1.36 - 1.89 Litre. Hawaiian Punch 6 x 296 mL.  
Realemon 945 mL.



3/\$10

## Kraft Cool Whip

Assorted Varieties. Frozen.  
Original 1 Litre. Aerosol 225 g.



2/\$6

## Maren's Pickles

Assorted Varieties. Pickles or Onions. 375 mL.



2/\$7



# Celebrate Easter

Sale Prices In Effect April 10-15, 2017

## Club House Gravy Mixes

Assorted Varieties. 21 - 45 g.



98¢

## Stove Top Stuffing

Assorted Varieties. 120 g.



3/\$5

## Cracker Barrel Shredded Cheese

Assorted Varieties.  
Shredded 250 - 320 g.  
Velveeta 450 g.



5<sup>98</sup>

## Imperial Margarine

907 g.



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Assorted Varieties. 1.36 - 1.89 Litre. Hawaiian Punch 6 x 296 mL.  
Realemon 945 mL.



3/\$10

## Kraft Cool Whip

Assorted Varieties. Frozen.  
Original 1 Litre. Aerosol 225 g.



2/\$6

## Maren's Pickles

Assorted Varieties. Pickles or Onions. 375 mL.



2/\$7

**Del Monte Vegetables**  
Assorted Varieties. 341 - 398 mL.  
Excluding Asparagus.



**4/\$5**



**Bick's Dill Pickles**  
Assorted Varieties. Whole Dills, Hamburger Slices or Polskie Ogorki. 1 Litre.

**2/\$7**



**Campbell's Broths**  
Assorted Varieties. 900 mL.

**2<sup>48</sup>**



**Ocean Spray Cranberry Sauce**  
Jellied or Whole. 348 mL.

**2/\$4**



**Betty Crocker Potatoes**  
Assorted Varieties. 141 - 215 g.

**2/\$4**

**Folgers Gourmet K-Cup Coffee**  
Assorted Varieties. 12 s. 96 - 108 g.



**6<sup>98</sup>**



**Old Dutch Potato Chips**  
Or Double Dutch 235 g.  
Dutch Gourmet 235 g.  
Assorted Varieties. 255 g.

**2/\$5<sup>50</sup>**



**Kraft Philadelphia Cream Cheese**  
Assorted Varieties. 227 - 250 g.

**2/\$7**



**Uncle Ben's Stuff 'N Such**  
Assorted Varieties. 120 g.

**98¢**



**Oasis Chilled Juices**  
Or Smoothies. Assorted Varieties. 1.75 Litre.  
Premium 1.65 Litre. Del-Monte Juice 1.6 Litre.

**2<sup>98</sup>**



**Clover Leaf Smoked Oysters**  
Regular or Spicy Chili. 85 g.

**2/\$4**



**Ocean Spray Cocktails**  
Assorted Varieties. 3 Litre.

**5<sup>98</sup>**



**Hellmann's Mayonnaise**  
Assorted Varieties. 710 - 890 mL.

**4<sup>98</sup>**



**Coca-Cola 12 Pack Soft Drinks**  
Or Dasani Water. Assorted Varieties. 12 x 355 mL.

**2/\$9**



**Coca-Cola 6 Pack Soft Drinks**  
Assorted Varieties. 6 x 710 mL.

**3/\$11**



**Vlasic Pickles**  
Assorted Varieties. 1 Litre.

**3<sup>98</sup>**



**Unico Olives**  
Assorted Varieties. 375 mL.

**Aquafina Water**  
24 x 500 mL.

**5<sup>98</sup>**



**Best Buy Cheese**  
Assorted Varieties. Random Weight. 700 g.

**8<sup>49</sup>**



**French's Ketchup**  
Assorted Varieties. 750 mL - 1 Litre.

**3<sup>48</sup>**



**Berio Olive Oil**  
Assorted Varieties. 500 mL. Grape Seed Oil 750 mL.

**6<sup>98</sup>**



**Compliments Organic Fresh Herbs**  
Assorted Varieties. 1 ounce.

**2/\$4**



**Rocky Mountain Pies**  
Assorted Varieties. 624 g - 1.1 kg.

**7<sup>98</sup>**

**Old Dutch Tortilla Chips**  
Assorted Varieties. Restaurante 230 - 384 g. Arriba 245 g.

**2/\$6**



**Lay's Potato or Kettle Chips**  
Assorted Varieties. 240 - 255 g. Kettle Chips 220 g.

**3/\$8**



**Old Dutch Dutch Crunch Potato Chips**  
Assorted Varieties. 200 g.

**2/\$6**



**Dr. Oetker  
Giuseppe Pizza**

Assorted Varieties.  
Thin Crust 465 - 515 g.  
Rising Crust 770 - 900 g.  
Frozen.

**2/\$10**



**Europe's Best  
Vegetables**

Chef's Spinach, Green & Yellow Beans,  
Natures Balance, Chopped Kale, Edamame  
or Zen Garden 500 g. Sweet Potato or Tuscan  
Inspired 400 g. Asparagus Spears 300 g. Frozen.

**2<sup>98</sup>**



**Tenderflake  
Tart or Pie Shells**

Pie 320 g, Deep Pie 350 g, 3" Tart 255 g.  
Puff Pastry 397 - 454 g, Pastry Shells 300 g.  
Mini Tart 2" 255 g.

**2/\$6**



**Lucerne  
Sour Cream**

Regular, Light or Fat Free. 500 mL.

**2/\$5**



**Europe's Best  
Fruit**

Assorted Varieties. Frozen. 400 - 600 g.  
Tropical Kale 375 g.

**2/\$9**



**Chapman's  
Super Novelties**

Assorted Varieties. Super Cones 8 x 120 mL. Super Sandwich 12 x 120 mL.  
Super Fudge or Super Frosty Bars 6 x 75 mL. Great Canadian Yukon Sandwich 8 x 150 mL. Frozen.

**5<sup>98</sup>**



**McCain  
Potato Products**

Frozen. Shoestring, Crinkle Cut or  
Regular French Fries or  
Diced Hashbrowns 900 g.

**2/\$5**



**McCain  
Deep 'n Delicious Cake**

Or Chocolate Cream Pie 400 g. Assorted Varieties. Frozen.  
Cakes 510 g.

**4<sup>98</sup>**



**International  
Delight**

Assorted Varieties. 473 mL.

**2/\$5**



**Astro  
Athentikos Greek Yogourt**

Assorted Varieties. 500 g or 4 x 100 g.

**3<sup>48</sup>**



**Compliments  
Cottage Cheese**

1% or 2%. 750 g.

**4<sup>48</sup>**



**Pillsbury  
Crescent Rolls**

Or Wiener Wraps 200 g. Crescent Rolls 227 - 235 g.

**1<sup>98</sup>**



**Pillsbury  
Breads or Pizza Crust**

Assorted Varieties. Crescents, Dinner Rolls or Biscuits  
318 - 340 g. Pizza Crust 391 g.

**1<sup>98</sup>**

